



MAHARISHI AYURVEDA HEALTH CENTRE

RENDLESHAM

Prices from 1 May 2019

Full one hour	£95.00
30 minute follow-up	£50.00
Pre and post Panchakarma	£75.00

Treatments

Panchakarma treatments

Indicative price 3 days	£570 to £705
Indicative price 5 days	£950 to £1,175
Indicative price 7 days	£1,330 to £1,645
Indicative price 9 days	£1,710 to £2,115

Abhyanga	£135.00
Vishesh	£130.00
Garshan	£90.00
Udvaartana	£150.00
Pizzichili	£205.00
Uzhichili	£185.00
Pindasveda	£220.00
Patrapotali full body	£125.00
Patrapotali joints	£90.00
Patrapotali local	£70.00
Podikili	£90.00
Avagaham	£65.00
Facial massage	£70.00
Swedana	£65.00
Swedana local	£30.00
Shirodhara	£85.00
Takhradhara	£95.00
Shirobasti	£90.00
Nasya	£105.00
Karna Purana	£45.00



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Netra Tarpana	£45.00
Kati basti	£50.00
Hrid basti	£45.00
Janu basti	£45.00
Griva basti	£45.00
Yakrt basti	£50.00
Padabhyanga	£50.00
Matra basti	£45.00
Shodhana basti	£55.00
One Day Wonder	£195.00
Maharishi Marma Therapy	From £65.00

Accommodation and meals

Bed and breakfast at Maharishi Peace Palace - Single occupancy per night	£79.00
Shared per person per night	£49.00
Bed and breakfast at MGV homes	Prices on request
Lunches, suppers	Prices on request

Perfect Health Club members receive a
10% discount on prices for consultations
and treatments.